



## Skills for Psychological Recovery Trainer Program

The Skills for Psychological Recovery (SPR) Train-the-Trainer program is an opportunity for individuals to become an instructor of Skills for Psychological Recovery. This program will require a pre-work phase and attending a two-day face-to-face meeting in Terrebonne Parish, LA on September **19 and 20, 2022**. Upon successful completion of the Trainer program, it is expected that participants will conduct trainings on SPR within their community as well as provide direct service by implementing SPR.

Please see below for expectations of participants and preferred applicant eligibility criteria. If you are interested in applying for this program, **please complete the following application by September 9<sup>th</sup>**. Notifications of acceptance into the Instructor program will be made by September 12, 2022.

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### Expectations of Participants

#### Participants will

- Attend and participate in the Skills for Psychological Recovery Train-the-Training face to face meeting
- Follow a standardized training protocol when delivering SPR training
- Conduct at least 2 trainings on SPR within one year of completing the training
- Report on the number of trainings delivered and participant evaluations of those trainings
- Read the SPR Field Operations Guide as part of the pre-work phase activities
- Complete the SPR Online course

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### Preferred Applicant Eligibility Criteria

- Individuals who have a mental health background
- Individuals with previous disaster response experience (at least 50 hours)
- Individuals with previous experience as a trainer/instructor
- Individuals with previous training in SPR

# Skills for Psychological Recovery Instructor Training Application

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## Applicant Information

Name:

Credentials (e.g., LCSW, Ph.D., RN, etc.):

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## Professional Discipline

- Psychiatrist    Psychologist    Psychiatric Nurse    Social Worker    Mental Health Counselor  
 Other

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## Contact Information

Preferred Mailing Address:    Work    Home

Facility/Agency:

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Street Address:

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City:

State:

Zip Code

Home phone: (   )

Work phone: (   )

Mobile phone: (   )

Home e-mail address:

Work e-mail address:

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## Previous Experience

Please list any previous experience you have as a disaster mental health responder. Use additional pages as necessary

| Type of Disaster (flood, fire, etc.)/Location of Services | Types of Services Provided | Dates of Response/<br>Total Hrs Worked |
|---|----------------------------|--|
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### Disaster Trainings

Please list any disaster mental health-related training you may have completed. Please be specific and use additional pages as necessary.

| Name of Training | Sponsoring Agency | Training Dates | # of Hours |
|------------------|-------------------|----------------|------------|
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### Disaster/Trauma Trainer Experience

Please list any disaster/trauma mental health-related training you have conducted. Please be specific and use additional pages as necessary. Please submit any course evaluations from participants.

| Name of Training | Sponsoring Agency | Training Dates | # of Hours |
|------------------|-------------------|----------------|------------|
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### Participant Disclaimer

I am willing to attend and participate in the Skills for Psychological Recovery Train-the Trainer Program in its entirety.

**Applicant**

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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**Thank you for your interest in the 2022 SPR Train-the-Trainer Program.**

Please email this completed application to Dr. Melissa Brymer at [mbrymer@mednet.ucla.edu](mailto:mbrymer@mednet.ucla.edu).