

# Developmental Disabilities Handbook



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# What is SCLHSA?

South Central Louisiana Human Services Authority (SCLHSA) is a local governing entity that was established by Legislative Act 449 in 2006 and is contracted with the Louisiana Department of Health (LDH) to provide addictive disorders, developmental disabilities and mental health services to the residents of Assumption, Lafourche, St. Charles, St. James, St. John the Baptist, St. Mary and Terrebonne Parishes.

## Developmental Disabilities Services

The **SCLHSA** Developmental Disabilities office serves as the **Single Point of Entry** into developmental disabilities services system and oversees public and private residential services and other services for people with developmental disabilities.

- Flexible Family Funds
- Individual and Family Support
- Assistance locating and soliciting appropriate Intermediate Care Facilities (ICF-DD) for possible placement.
- Preadmission screening and residential review for nursing home placements
- Waiver Services
  - Children's Choice Waiver
  - New Opportunities Waiver
  - Supports Waiver
  - Residential Options Waiver

# Developmental Disabilities

It is the South Central Louisiana Human Service Authority's (SCLHSA) intent to meet those needs of individuals with developmental disabilities, which exceed those normally met by existing resources, both entitlements and those occurring naturally in the individual's family and community. Act 378 of 1989 established Louisiana's Community and Family Support System Plan and is responsible for both the Individual and Family Support Program and the Flexible Family Fund Program.

SCLHSA believes that all individuals with disabilities, despite their severity, are happiest and most productive living at home and in their community. For those at risk of needing to be supported outside of their home or community, SCLHSA DD goes to great lengths to put whatever resources necessary to reduce this risk. This includes all individuals who are in the DD system and their families, whether the individual is receiving waiver supports, or not. These additional supports may include personal care assistance, enhancement of family abilities/skills to provide a stable home, behavioral health services, medication management services, environmental safety supports, etc.

Because of the many resources available to all SCLHSA DD clients between Behavioral Health and Developmental Disabilities Services, we have the ability to be very creative in our service planning and support delivery. This is true for those with acute, emergent needs, or those wanting to do more in the community, enhancing their quality of life.



# Legal Criteria Defining Developmental Disability

The following definition of developmental disability is the Developmental Disability law (R.S. 28:451.2).

**“Developmental Disability” means either:**

- (a) A severe, chronic disability of a person that:
  - (i) Is attributable to an intellectual or physical impairment or combination of intellectual and physical impairments.
  - (ii) Is manifested before the person reaches age twenty-two.
  - (iii) Is likely to continue indefinitely.
  - (iv) Results in substantial functional limitations in three or more of the following areas of major life activity:
    - (aa) Self-care.
    - (bb) Receptive and expressive language.
    - (cc) Learning.
    - (dd) Mobility.
    - (ee) Self-direction.
    - (ff) Capacity for independent living.
    - (gg) Economic self-sufficiency.
  - (v) Is not attributed solely to mental illness.
  - (vi) Reflects the person’s need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are of lifelong or extended duration and are individually planned and coordinated.
- (b) A substantial developmental delay or specific congenital or acquired condition in a person from birth through age nine which, without services and support, has a high probability of resulting in those criteria in subparagraph (a) of this paragraph later in life that may be considered to be a Developmental Disability.

# Rights of People with Developmental Disabilities

Every person who has a developmental disability shall have the rights, benefits and privileges guaranteed by the Constitution and laws of the United States and the Constitution and laws of the State of Louisiana, except where legally restricted by a court ruling following due process of law.

Rights of people with developmental disabilities that are specifically enumerated in this policy are in addition to all other rights enjoyed by all other citizens, and such listing of rights is neither exclusive nor intended to infringe upon any rights that are guaranteed to individuals with developmental disabilities under the laws and constitutions of the United States and the State of Louisiana.

The following rights are granted to people with developmental disabilities by the Developmental Disability Law (Louisiana Revised Statutes 28:451-455):

- 1) You have the right to live in the setting that best meets your individual needs and abilities, including the right to live in a variety of living situations, such as the right to live in your own home/apartment, in extended family care, in supported living, in a community home or in a larger residential facility for people with developmental disabilities.
- 2) Not only do you have the right to live in the setting that best meets your individual needs and abilities, but you also have the right to receive developmental disability supports and services that are suited to your individual needs to support you in achieving your desired personal outcomes.
- 3) You have the right to receive timely a determination for entry into the OCDD system of supports and services. You have the right to request and receive a prompt administrative hearing if you disagree with the findings of the determination. You or your legally responsible representative have the right to an additional independent evaluation at your cost if such you or your legally responsible representative disagree with the results of the OCDD determination.

- 4) You have the right to participate in developmental disabilities services that are appropriate to meet your needs. You have the right to have these services provided in a manner that supports your desired personal outcomes and is provided in the least intrusive manner possible.
- 5) You have the right to have a developmental disability service plan developed as defined by law.
- 6) You have a right to have a periodic review of the determination regarding whether you meet the criteria to participate in the OCDD system of supports and services.
- 7) You have the right to withdraw from any developmental disability services (including residential services) in which you are voluntarily participating. If you wish to withdraw from any developmental disability services (including residential services) to which you are voluntarily participating, you shall not be detained for longer than seventy-two hours, unless otherwise authorized by law, after a valid written request of discharge or unless a commitment proceeding is instituted by the Department or others during the seventy-two hour period.
- 8) You have the right to participate in all planning regarding all developmental disabilities services. You have the right to be informed of your progress at reasonable intervals.
- 9) You have the right to be informed of all your rights during the entry determination process. You will be given these rights in writing and they will be reviewed with you.
- 10) You have the right to receive an education. Every school-age person with a developmental disability has the right to receive publicly supported educational services in accordance with R.S. 17:1941 et seq. The services provided to every school age person with developmental disabilities shall be appropriate to his/her individual needs regardless of chronological age, degree of mental retardation, accompanying disabilities or handicaps, or admission or commitment to developmental disabilities services.



# Orientation to Services

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## I. Respect and Nondiscrimination

- You shall be treated with dignity and respect, free from abuse, neglect, and exploitation.
- You shall be served without discrimination as to age, sex, race, creed, color, disability, or nation of origin.
- We shall provide a humane environment with reasonable protection from harm and appropriate privacy.
- Upon request, we shall provide communicative services needed such as interpreting or telephone relaying services.
- If you have a close friend or relative who works at this location, we will take extra precautions to ensure your privacy is respected. No information shall be released without a valid authorization of consent.

## II. Building

- The location of emergency exits and evacuation routes are posted in each hallway, office and lobby.
- Fire extinguishers are in designated areas in accordance with Fire Marshall.
- First aid kits are available for use to assist you when requested.

## III. Code of Ethics

Staff are required to follow South Central Louisiana Human Services Authority Code of Ethics. Please see the posted information in the lobby or ask one of our staff members if you want more information.

## IV. Client Expectations

- Follow the program rules.
- Be involved in developing goals and choosing services. Work toward the goals, objectives, and interventions developed in the Plan of Support or Comprehensive Plan of Care.
- Timely inform the agency of any updates to demographic information such as telephone or address changes.

## V. Restricted Behaviors/Program Rules

- Threatening, intimidation, verbal attacks or violent behavior directed towards anyone is not allowed. Such behavior may lead to restrictions in use of the facilities and in contact with staff
- Firearms/Weapons are not allowed on the premises.
- This is a smoke free facility. Smoking is not allowed on the premises.
- Alcohol and illegal drugs are not allowed on the premises.



- Prescription medication should not be brought into the facility unless medically necessary or requested by staff.
- Confidentiality must be respected. We require that you do not reveal any other client's name or identity.
- You must dress appropriately when coming to the clinic. Shoes and shirts are required. No revealing attire (short shorts, tank tops, halter tops, cutoff shorts, see through shirts or muscle shirts). No clothing displaying obscenities, promotion of illegal acts, drug paraphernalia, alcohol, tobacco or gambling.
- Additional program rules, including service duration can be found in the plan of support and is based on the specific service/program you are receiving. If you do not comply with program rules, contract, and/or plan of care, your services may be delayed or terminated.

## **VI. Admission to Service**

Participation is on a voluntary basis. You may request admission to services at any time. You are free to decline or withdraw from services at any time. Any denials to participate in services may be appealed through an approved process.

## **VII. Eligibility**

Eligibility determination is a structured interview with you and a trained staff member discussing areas of your life influenced by your developmental disability. The purpose is to help determine if you are eligible for Developmental Disability services, as well as, what services would best meet your needs. You may also receive information about services within the community that may be able to help you.



## **VIII. Plan of Support/Comprehensive Plan of Care**

The Plan of Support or Comprehensive Plan of Care lists the goals you would like to work on while participating in services. It gives you a guide with objectives and the interventions you will need to follow to meet your goals. Trained staff will help you develop this plan and it will be revised with you as determined by program requirements.

## **IX. Contact Person:**

Your contact person will be a Community Services Professional assigned to you.

# Flexible Family Fund

Your child could be eligible for a **FLEXIBLE FAMILY FUND** of \$258 per month if he or she is under 18 years of age, resides in Louisiana, lives at home with a parent or responsible caregiver, and meets the following requirements.

He or she **must have** a Severe Developmental Disability and will be considered if one of the following educational classifications exist:

- |                          |  |
|--------------------------|--|
| ◆ Autism                 | ◆ Severe or Profound Intellectual Disability                                   |
| ◆ Deaf-Blind             | ◆ Mild or Moderate Intellectual Disability with a Behavioral Intervention Plan |
| ◆ Multi-Disabilities     | ◆ Emotional/Behavioral Disturbance*  |
| ◆ Orthopedic Impairment  |  |
| ◆ Other Health Impaired  |  |
| ◆ Traumatic Brain Injury |  |
| ◆ Developmental Delay    |  |

*\*This classification is through the Office of Behavioral Health only. All other classifications are through the Developmental Disabilities Office.*

These funds are provided through Louisiana's Community & Family Support System and are designed to offset the extraordinary costs associated with raising a child with a severe disability at home.

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There is a waiting list for the Flexible Family Fund, but you are encouraged to apply. As new funding becomes available or as children “age-out” of the program, children are added from the waiting list.

# DD Supports and Services



## Individual & Family Support (IFS)

The intent of the Individual and Family Support (IFS) Program is to meet those needs of individuals with developmental disabilities and their families, which exceed those normally met by existing resources, both entitlements and those occurring naturally in the individual's family and community. The purpose of the IFS Program is:

- Establish, maintain and/or improve the quality of life for individuals with developmental disabilities and their families in a manner that respects both the individual's needs and aspirations and the individual's/caregiver's ability to use supports in a responsible and accountable manner.
- To link individuals with developmental disabilities and their families to existing supports and resources and to supplement those supports as necessary to maintain the integrity of individuals and their families.
- To assist individuals with developmental disabilities and their families to receive flexible, individualized, family centered services that consider the needs of the entire family and that recognize that families are best able to determine their own needs.

Examples of these services include, but are not limited to respite care, personal assistance services, specialized clothing, dental and medical services, equipment and supplies, communication services, crisis intervention, specialized utility costs, specialized nutrition and family education. The IFS Program cannot fund items or supports that an individual or family is routinely eligible for under State Funded Medicaid services, Medicaid Waiver Services, Early Steps, Louisiana Rehabilitation Services, or Medicaid funded Behavioral Health Services. Other ineligible supports include items or supports that a school-aged (3-22 years) child is eligible as a "related service" under Public Law 94-142. Services are provided through contractual agreements by private provider agencies or through individualized agreements with individuals and families.

# DD Supports and Services

## Intermediate Care Facilities for People with Developmental Disabilities (ICF/DD)

An ICF/DD is a facility offering services for persons with developmental disabilities. The purpose of the ICF/DD is that of diagnosis, treatment, or habilitation. The ICF/DD provides a protected residential setting, ongoing evaluation, planning, 24 hour supervision, coordination, and integration of health and habilitative services that are individualized per participant needs.

Participants receive dental, medical and nursing services. ICF/DD services are provided in a residential service settings, such as community homes (up to 8 people). Larger facility placements are available outside of the seven parish SCLHSA catchment area. Local placement is contingent upon availability and acceptance by the Intermediate Care Facility provider agency.

## Crisis Services

SCLHSA can assist individuals with a developmental disability and families in the event of a crisis, unforeseen circumstances or hardship. These services are provided when no other resources for the support can be secured. Each request for crisis supports is considered on a case by case basis and are not intended for long-term ongoing needs, but rather for immediate needs. Crisis supports/services are contingent on availability of funds.

## Nursing Home Pre-Admission Screening & Resident Review (PASRR)

PASRR-SCLHSA is responsible for assisting the office for citizens with developmental disabilities in evaluating and approving nursing home admissions involving people with Developmental Disabilities in compliance with the Code of Federal Regulations CFR42 Part483 Subpart C Preadmission Screening and Resident Review of individuals with an Intellectual or Developmental Disability).

The purpose is to determine whether a person with disabilities requires a level of service provided by a nursing facility and if specialized services are needed.

# Waiver General Information

Waivers permit states more flexibility in providing services and coverage to individuals who otherwise would not be eligible for Medicaid. To sign up for waiver programs persons must request to be added to the Developmental Disabilities Request for Services Registry and work with a support coordination agency to develop a comprehensive list of all needed services.

## HOW CAN PEOPLE REQUEST AN OCDD WAIVER?

Home and community-based waiver opportunities will now be provided based on the individual's prioritized need for support, which was identified in their RFSR Screening for Urgency of Need. Instead of being first come, first served, individuals with the most emergent and urgent need for support will have priority.

Individuals who have a need for services should contact South Central Louisiana Human Services Authority in order to go through the eligibility determination process.

## FINANCIALS

Resources are the things people own. When we count resources for this program, we do not count the person's home, the car they drive to medical appointments or other basic resources.

\*Single people can have no more than \$2,000 in resources. Couples can have no more than \$3,000 in resources (when both spouses receive long-term care).

# Children's Choice Waiver

The Children's Choice Waiver (CC) program provides services in the home and in the community to individuals 0—20 years of age, who currently live at home with their families or who will leave an institution to return home.

This waiver provides an individualized support package with a maximum cost of \$17,500 per year, and is designed for maximum flexibility.

Youth who reach the age of 18 and want to work may choose to transition to a Supports Waiver as long as they remain eligible for waiver services.

Youth who continue in the Children's Choice Waiver beyond age 18 will age out of Children's Choice Waiver when they reach their 21st birthday. They will transition to the most appropriate waiver that meets their needs as long as they remain eligible for waiver services.

This program is not intended to provide 24 hours a day support.

*\*Youth age 0 –3 individuals must meet the My Place eligibility requirements.*

*\* Youth age 3 –20 individuals must have an OCDD Statement of Approval.*

## IF I QUALIFY, WHAT SERVICES MAY I RECEIVE FROM THIS PROGRAM?

- ◆ Support Coordination
- ◆ Family Support
- ◆ Crisis Support
- ◆ Center-Based Respite
- ◆ Family Training
- ◆ Environmental Accessibility Adaptations
- ◆ Specialized Medical Equipment
- ◆ Permanent Supportive Housing Stabilization
- ◆ Permanent Supportive Housing Stabilization & Transition

### Therapy Services

- ◆ Aquatic Therapy
- ◆ Art Therapy
- ◆ Music Therapy
- ◆ Hippo-Therapy/Therapeutic Horseback Riding
- ◆ Sensory Integration

*\*Individuals who receive the CC Waiver may also receive EPSDT services.*

## WHO CAN QUALIFY FOR SERVICES?

### Individuals who:

- ◆ Meet Louisiana Medicaid eligibility **AND**
- ◆ Meet the Louisiana definition for developmental disability which is manifested prior to age 22 (Revised Statute 25:451.2, Paragraph (11)), **AND**
- ◆ Have an OCDD Statement of Approval **OR**
- ◆ Meet My Place eligibility if age 0-3 **AND**
- ◆ Meet Intermediate Care Facility– Intellectual Disability (ICF-ID) Level of Care Criteria **AND**
- ◆ Are 0 through 20 years of age

# Supports Waiver

The Supports Waive (SW) program provides services in the home and in the community to individuals 18 years of age or older, who are eligible to receive OCDD waiver services.

This program is not intended to provide 24 hours a day support.

## **IF I QUALIFY, WHAT SERVICES MAY I RECEIVE FROM THIS PROGRAM?**

- ◆ Support Coordination
- ◆ Supported Employment-Individual or Group
- ◆ Day Habilitation
- ◆ Prevocational
- ◆ Self Direction Option (with SCLHSA recommendation)
- ◆ Respite (center-based or in home)
- ◆ Permanent Supportive Housing Stabilization

- ◆ Permanent Supportive Housing Stabilization Transition
- ◆ Personal Emergency Response System (PERS)

\*Individuals under 21 years of age may access Early Periodic Screening and Diagnostic Treatment (ESPDT) services

\*Individuals who receive the SW may also receive Long Term Personal Care Services. (LTPCS)

## **WHO CAN QUALIFY FOR SERVICES?**

### **Individuals who:**

- ◆ Meet Louisiana Medicaid eligibility **AND**
- ◆ Meet the Louisiana definition for developmental disability which is manifested prior to age 22 (Revised Statute 25:451.2, Paragraph (11)), **AND**
- ◆ Have an OCDD Statement of Approval

# Residential Options Waiver (ROW)

The Residential Options Waiver (ROW) program provides services in the home and in the community to individuals of all ages who are eligible to receive OCDD waiver services. It is a capped waiver where the person's individual annual budget is based upon the person's assessed support needs.

Supports needs are determined by an Inventor for Client and Agency Planning (ICAP) assessment.

This program is not intended to provide 24 hours a day of one to one support.

## IF I QUALIFY, WHAT SERVICES MAY I RECEIVE FROM THIS PROGRAM?

- ◆ Support Coordination
  - ◆ Community Living Supports
  - ◆ Host Home Services
  - ◆ Companion Care Services
  - ◆ Shared Living
  - ◆ Adult Day Health Care
  - ◆ Respite Care-Out of Home
  - ◆ Personal Emergency Response System
  - ◆ One Time Transition Services
  - ◆ Environmental Accessibility Adaptations
  - ◆ Assistive Technology/Specialized Medical Equipment and Supplies
  - ◆ Transportation-Community Access
  - ◆ Professional Services
  - ◆ Nursing Services
  - ◆ Dental Services
  - ◆ Supported Employment
  - ◆ Prevocational Services
  - ◆ Day Habilitation
  - ◆ Housing Stabilization Service
  - ◆ Housing Stabilization Transition Services
- \*Individuals who receive the ROW may NOT receive Long Term-Personal Care Services (LT-PCS) when in this program.*

## WHO CAN QUALIFY FOR SERVICES?

### Individuals who:

- ◆ Meet Louisiana Medicaid eligibility **AND**
- ◆ Meet the Louisiana definition for developmental disability which is manifested prior to age 22 (Revised Statute 25:451.2, Paragraph (11)), **AND**
- ◆ Have an OCDD Statement of Approval **AND**
- ◆ Meet Intermediate Care Facility– Intellectual Disability (ICF-ID) Level of Care Criteria **AND** meets one of four ROW group criteria



# New Opportunities Waiver (NOW)

The New Opportunities Waiver (NOW) program provides services in the home and in the community to individuals 3 years or older who are eligible to receive OCDD waiver services.

The NOW is intended to provide specific activity-focused services rather than continuous custodial care.

## IF I QUALIFY, WHAT SERVICES MAY I RECEIVE FROM THIS PROGRAM?

- ◆ Individual & Family Support (IFS) for Day, Night, Shared
    - \*Can be Self-Directed
  - ◆ Center-Based Respite
  - ◆ Community Integration & Development
  - ◆ Environmental Adaptations
  - ◆ Specialized Medical Equipment
  - ◆ Supported Living
  - ◆ Substitute Family Care
  - ◆ Day Habilitation & Transportation
  - ◆ Supported Employment & Transportation
  - ◆ Prevocational Services
  - ◆ Personal Emergency Response
  - ◆ Skilled Nursing
  - ◆ One time transitional services
  - ◆ Housing Stabilization Transition
  - ◆ Housing Stabilization
- \*Individuals will receive Support Coordination services via state plan.*
- \*Individuals who receive the NOW may NOT receive LT-PCS services.*

## WHO CAN QUALIFY FOR SERVICES?

### Individuals who:

- ◆ Meet Louisiana Medicaid eligibility **AND**
- ◆ Meet the Louisiana definition for developmental disability which manifested prior to age 22 (revised Statute 25:451.2, Paragraph (11)), **AND**
- ◆ Have an OCDD Statement of Approval **AND**
- ◆ Meet Intermediate Care Facility-Intellectual Disability (ICF-ID) Level of Care Criteria **AND**
- ◆ Are 3 years of age or older, **AND**
- ◆ Whose needs cannot be met in another OCDD waiver

# **Early Periodic Screening Diagnosis & Training (EPSDT) Long Term Personal Care (LTPCS)**

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## **Description:**

EPSDT targeted support coordination and Long-Term personal care assistance are Medicaid State Plan Services. Support Coordination is a service that can assist families to access the services available to them through Medicaid EPSDT and LTPCS. This includes all services that individuals may be entitled to receive with a Medicaid Card. EPSDT services may help address the individual's medical, social and educational needs. The Support Coordinator will review all available services and assist with making referrals for the services they may be eligible to receive. These MAY include services such as medical equipment, occupational, physical or speech therapy, Personal Care Service (PCS), Home Health and EPSDT screening. LTPCS services may include basic personal care-toileting & grooming activities, assistance with bladder and/or bowel requirements or problems, assistance with eating and food preparation, performance of incidental household chores, only for the recipient, accompanying, not transporting, recipient to medical appointments, grocery shopping, including personal hygiene items.

Support Coordinators will assure families will also be informed of any new services in the future that may help their children. EPSDT and LTPCS services are not waiver services.

## **EPSDT:**

### **Level of Care:**

Individuals who have multiple medical needs or who meet the definition of a person with special needs.

### **Population:**

3 to 21 years old

### **Eligibility:**

- Individuals are on the DD Request for Services Registry
- Under the age of 21, AND
- Are Medicaid Eligible

## **LTPCS:**

### **Level of Care:**

Individuals who meet the medical standards for admission to a nursing facility and be able to participate in his/her care and direct the services provided independently or through a responsible representative.

### **Eligibility:**

- Individuals age 65 or older, or age 21 with disabilities (meets Social Security Administration disability criteria)
- Are Medicaid eligible
- Must require at least limited assistance with at least one Activity of Daily Living

## **Follow-up & Monitoring:**

The Support Coordinator will follow-up with the participant at least monthly regarding all approved services, to ensure they are receiving services in the amount approved and at the times requested. (If the participant is not satisfied, the support coordinator will follow-up with the provider.) The support coordinator will meet face-to-face with the participant & family at least one time per quarter. The Health Standards Office will conduct compliant investigations for all Support Coordination Agencies. They will also conduct monitoring for RFP Contracted Support Coordination Agencies utilizing a 5% sample annually.

**Requests for EPSDT Targeted Population and Support Coordination should be directed to the BHSF/SRI toll-free Help Line at 1-800-364-7828. For information regarding all Medicaid State Plan Services, visit**

**<http://new.dhh.louisiana.gov/index.cfm/page/319>**

# Advantages of Using Special Needs Trusts in Medicaid Planning

Special needs trusts afford recipients many significant advantages in attempting to seek eligibility under programs such as Medicaid. These advantages include:

- Since many persons with disabilities and/or special needs clearly lack the capacity to handle and manage their own affairs, trusts in general are excellent vehicles for keeping those individuals' funds and assets in the hands of persons capable and skilled to handle them for their best interests.
- Special needs trusts place additional conditions and restrictions than most standard trusts with regard to the handling and management of the beneficiary's interest and protection of assets from the beneficiary and/or his creditors.
- Special needs trusts provide a reasonable and acceptable vehicle into which property and assets can be placed in order to keep them from being deemed countable resources for Medicaid eligibility purposes.
- Properly drafted special needs trusts can avoid problems associated with the Medicaid rules restricting disabled individuals from attempting to donate or transfer property and assets for less than "fair market value" causing them to become ineligible for benefits for extended periods of time.
- Despite the restrictions special needs trusts provide a great deal of flexibility for the handling, management, and investment of the funds of a person with special needs.
- For purposes of personal injury settlements, special needs trusts allow funds to be set aside for the injured party to be used to improve his quality of life while reducing the risk of loss of Medicaid eligibility and having to use settlement proceeds to fund future medical expenses.
- Since a child with special needs is a forced heir under Louisiana law, a special needs trust can be established by testament in order to satisfy the forced portion without jeopardizing Medicaid eligibility and without having to consider the possibility of disinheritance of the child and/or leaving funds in the hands of others for the benefit of the disabled child.
- Establishment of a special needs trust to handle funds for the benefit of a special needs person is the cleanest way to avoid problems associated with achieving eligibility for means-tested governmental programs by disposing of countable resources, and if prepared carefully and correctly, will raise less questions with Medicaid officials than other methods of Medicaid planning.

## Disclaimer

This article has been prepared for general informational purposes only. It is not intended to, and does not, constitute legal advice. Use of these materials does not create or constitute an attorney client relationship.

# SCLHSA Services



## Primary Care Services

**SCLHSA** offers integrated primary health care services to active clients in our system that have been stabilized on behavioral health medication. The integration of primary care and behavioral health care provides another step in the continuum to recovery and resiliency.

## Health Home

SCLHSA is a Health Home providing a specialized approach to health care that gives you an Integrated Care Team working to coordinate all of your health care needs to include Behavioral Health, Primary Care and Health Promotion.

### **Health Home Services:**

- Care Coordination
- Health Promotion
- Individual and Family Support
- Referral to Community and Social Support Resources (if needed)
- Transitional care and Follow-up services from In-patient to other settings
- Connection to Doctors and Counselors
- Help understanding labs, testing, and medication

### **You Are Eligible if:**

- You have a chronic Mental Health Condition or Substance Abuse Disorder for which you need regular care.
- You have at least one chronic Medical Condition such as High Blood Pressure, Heart Disease, Obesity, Diabetes, Asthma, or COPD.
- You need assistance with diet/exercise or medication management.

# Infant / Early Childhood Services

- Behavioral Health Assessment
- Child Parent Psychotherapy
- Parent Management Training
- Youth Post Traumatic Stress Disorder

# Child / Adolescent / Adult Services

- Screening
- Behavioral Health Assessment
- Individual and Family Therapy
- Group Therapy
- Psychiatric Evaluations
- Medication Management
- Peer Support Services
- Crisis Intervention
- Interagency Service Coordination (ISC)
- Referral



# Specialty Programs

- Anger Management
- Employee Assistance Program
- FREE Gambling Program
- Psychological Testing
- Substance Abuse Professional
- Tobacco Cessation
- 3rd and 4th DWI Program
- Social Security Disability Evaluations

# How to Review SCLHSA Privacy Policies

You may review SCLHSA privacy policies and related forms by going to [www.sclhsa.org/patient-resources](http://www.sclhsa.org/patient-resources). You may also contact the SCLHSA Privacy Officer at the address listed at the end of this notice.

## How to Contact SCLHSA to Review, Correct, or Limit Your Protected Health Information (PHI)

You may contact the local SCLHSA office (Facility/Clinic or Administrative Office) which collects and maintains your protected health information or you may contact the SCLHSA Privacy Officer at the address listed at the end of this notice to:

- Ask to look at or copy your records.
- Ask to limit how information about you is used or disclosed.
- Ask to cancel your authorization.
- Ask to correct or change your records.
- Ask for a list of the times SCLHSA disclosed information about you.

Your request to look at, copy, or change your records may be denied. If SCLHSA denies your request, we will send you a letter that tells you why your request is being denied and how you can ask for a review of the denial. You will also receive information about how to file a complaint with SCLHSA, Louisiana Department of Health (LDH) or with the U.S. Department of Health and Human Services, Office for Civil Rights.

## How to File a Complaint or Report a Problem

You may contact the Privacy Officer listed below if you want to file a complaint or to report a problem about how SCLHSA has used or disclosed information about you. Your benefits will not be affected by any complaints you make. SCLHSA cannot punish or retaliate against you for filing a complaint, cooperating in an investigation, or refusing to agree to something that you believe to be unlawful. Your Privacy Officer contact is:

**Charlotte Richard, SCLHSA Privacy Officer—158 Regal Row | Houma, LA 70360 | 985-857-3751.**

The report of any violation of the 42 CFR Part 2 regulations listed before may be directed to the United States Attorney for the judicial district in which the violation occurs:

**US Attorney's Office**  
**Eastern District of Louisiana**  
650 Poydras St. Suite 1600  
New Orleans, LA 70130  
(504) 680-3000

**US Attorney's Office**  
**Western District of Louisiana**  
300 Fannin St. Suite 3201  
Shreveport, LA 71101  
(318) 676-3600

The report of any violation of the regulations in this part by an opioid treatment program may be directed to the United States Attorney for the judicial district in which the violation occurs as well as to the Substance Abuse and Mental Health Services Administration (SAMHSA) office responsible for opioid treatment program oversight.

**Louisiana State Opioid Treatment Authority -**  
**Louisiana Department of Health and Hospitals Office of Behavioral Health**  
628 North 4th Street, 4th Floor (447-9)  
Baton Rouge, LA 70821-2790  
225-342-8735

# Frequently Asked Questions

**1. How do I apply for Developmental Disabilities Supports with SCLHSA?**

Call (985) 876-8805, or walk into the Developmental Disabilities Office located at 5593 Hwy 311 in Houma, LA to set up an intake appointment. What you will need to bring and eligibility process will be explained during your initial contact.

**2. Am I automatically eligible for Developmental Disability Supports if I am currently receiving SSI or SSA benefits?**

No. Eligibility for Developmental Disability Supports has its own requirements that are dictated by State Law.

**3. How much does it cost to attend services at SCLHSA?**

There are no cost for applying for, or receiving Developmental Disabilities Supports.

**4. Can I still receive services if I do not have insurance?**

SCLHSA Developmental Disabilities Supports do not require insurance coverage of the individual.

**5. Are you required to have Medicaid or Medicare to be eligible for Developmental Disability Services?**

To receive Waiver Services Medicaid Eligibility is required. There are no insurance requirements for participation in the other Developmental Disabilities programs.

**6. If a person is found to be eligible for Developmental Disabilities Services will they always be eligible?**

Depending on the age of the individual, the severity of their disability, and level of functionality determines continued eligibility.

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**[www.facebook.com/sclhsa](http://www.facebook.com/sclhsa)**

# Outpatient Clinics

## Lafourche Behavioral Health Center

157 Twin Oaks Dr. | Raceland, LA 70394  
985-537-6823

## River Parishes Assessment Center

232 Belle Terre Blvd., Suite B | Laplace, LA 70068  
985-651-7064

## River Parishes Treatment Center

1809 West Airline Hwy. | Laplace, LA 70068  
985-652-8444

## St. Mary Behavioral Health Center

500 Roderick St. Suite B | Morgan City, LA 70380  
985-380-2460

## Terrebonne Behavioral Health Center

5599 Hwy. 311 | Houma, LA 70360  
985-857-3615

## Developmental Disabilities

5593 Hwy. 311 | Houma, LA 70360  
985-876-8805

## Administration

158 Regal Row | Houma, LA 70360  
985-858-2931

**THE CALL LINE**  
(CRISIS ASSIST LINK LINE)

**1-877-500-9997**